



## Counselor's Corner

Updated 08-07-08

My name is Cari Newman and I am the K-8 School Counselor here at Tucson Country Day School. I am a certified teacher and have been a classroom teacher for seven years in grades 4<sup>th</sup>, 6<sup>th</sup>, and 7<sup>th</sup> grade Math. For the past ten years, I have developed and taught summer courses to kids ages Pre-k thru 8<sup>th</sup> grade. I received my Masters Degree in Educational Psychology-School Counseling from Northern Arizona University. In addition to my degree I am a Nationally Certified Counselor acknowledged by the National Board of Certified Counselors.

I have been able to use my classroom experience to build a proactive and preventive counseling program here at Tucson Country Day School. I teach character education lessons to each class throughout the month. Each month I choose a character trait to focus on, this month we will be focusing on communication and caring. In addition to teaching the lessons, as a school we reinforce the trait through a school wide program where we acknowledge those students who show good character. I will also post a monthly newsletter to give parents some tips on how to reinforce this trait at home. In the fourth and fifth grade classrooms, I will be teaching a program called Being Me Inside Out. This program combines character education with the state standards and 6 traits of writing.

This year I will continue to implement a K-8 Comprehensive Competency Based Counseling Program based on the National School Counseling model.

This model promotes:

- Academic Achievement & Success
- Personal & Social Growth
- Career Awareness

This comprehensive approach is achieved thru:

- Teaching guidance curriculum in grades K-8.
- Offering small group and individual counseling
- Providing crisis counseling
- Assisting concerned parents and teachers.
- Building school wide programs to promote success at school for ALL students.

As the school counselor I will help children succeed in school and life by teaching skills for learning, friendship, and health and safety. I will strive to help children by promoting respect for self and others, wise decision making, and by practicing personal responsibility.

Please feel free to call me if you have any questions or concerns.

Thank you,  
Cari Newman

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